



# Land Search Field Team Member

## 24 Hour Pack

FTM will demonstrate possession of required personal SAR equipment. All items must be present and the pack suitable for SAR operations. 1.3 C.2

### Situation Narrative:

Remove all items from your pack and organize them for inspection. Be sure to remove all items from first aid kits, clothing bags, and other organizational pouches. As each item is called please hold it up until acknowledged by the instructor.

#### Personal First Aid

- |  |  |
|--|--|
| <input type="checkbox"/> 1 quart sized ziplock bag for kit             | <input type="checkbox"/> 1 single edged safety razor           |
| <input type="checkbox"/> 4 aspirin or ibuprofen tablets                | <input type="checkbox"/> 1 roller gauze bandage                |
| <input type="checkbox"/> 4 antihistamine tablets, diphenhydramine 25mg | <input type="checkbox"/> 2 large safety pins                   |
| <input type="checkbox"/> 4 antacid tablets                             | <input type="checkbox"/> 1 pair forceps or tweezers            |
| <input type="checkbox"/> 2 antiseptic cleansing pads                   | <input type="checkbox"/> 1 moleskin                            |
| <input type="checkbox"/> 1 antiseptic ointment                         | <input type="checkbox"/> 2 pair's nitrile or latex exam gloves |
| <input type="checkbox"/> 6 various sizes of Band-Aids                  | <input type="checkbox"/> 1 clean towlette                      |
| <input type="checkbox"/> 1 pair trauma shears                          |  |

#### Improvisation/Survival Kit

- |   |   |
|---|---|
| <input type="checkbox"/> 5-10 feet of woven steel wire        | <input type="checkbox"/> 5-10 feet duct tape              |
| <input type="checkbox"/> 1 space type blanket or sleeping bag | <input type="checkbox"/> 1 large leaf bag (trash bag)     |
| <input type="checkbox"/> 50 feet nylon twine or small cordage | <input type="checkbox"/> 8 plastic zip ties               |
| <input type="checkbox"/> 1 signaling mirror                   | <input type="checkbox"/> 1 toilet paper or baby wipes     |
| <input type="checkbox"/> 1 long burning candle                | <input type="checkbox"/> 1 shelter material, 8x10 minimum |
| <input type="checkbox"/> 8 matches in a waterproof container  | <input type="checkbox"/> 1 metal cup or pot               |

#### Personal SAR Equipment

- |   |   |
|---|---|
| <input type="checkbox"/> 1 pack, 1800 cubic inch (minimum)                  | <input type="checkbox"/> 1 waterproof clothes bag           |
| <input type="checkbox"/> 2 water containers, >2 liters combined total       | <input type="checkbox"/> 1 extra set clothing for climate   |
| <input type="checkbox"/> 1 pad and pencil                                   | <input type="checkbox"/> 1 extra pair socks                 |
| <input type="checkbox"/> 1 black or blue permanent marker                   | <input type="checkbox"/> 1 durable rain gear                |
| <input type="checkbox"/> 1 orienteering compass                             | <input type="checkbox"/> 1 durable gloves, leather palm     |
| <input type="checkbox"/> 1 pair clear goggles or other eye protection       | <input type="checkbox"/> 1 whistle                          |
| <input type="checkbox"/> 1 roll flagging or surveyor tape                   | <input type="checkbox"/> 1 insect repellent                 |
| <input type="checkbox"/> 1 measuring device, 18 in. minimum                 | <input type="checkbox"/> 1 lip balm                         |
| <input type="checkbox"/> 1 tracking stick, minimum of 42" long              | <input type="checkbox"/> 1 sunscreen lotion                 |
| <input type="checkbox"/> 1 1" tubular webbing (length suitable for harness) | <input type="checkbox"/> 1 watch                            |
| <input type="checkbox"/> 2 prusik slings (suitable for 8mm to 11mm rope)    | <input type="checkbox"/> 1 multi-purpose tool               |
| <input type="checkbox"/> 2 operable light sources, flashlight or headlamp   | <input type="checkbox"/> 2 locking carabiners               |
| <input type="checkbox"/> 4 zip lock bags                                    | <input type="checkbox"/> 1:24,000 scale grid reference tool |